**MWI Intergroup Announcements – March 2025**

**MWI April Workshop

1. Where do I start? For Newcomers and those supporting newcomers**

Starting your OA journey can feel overwhelming, but you don’t have to do it alone. Join us for this supportive workshop designed for newcomers and those guiding them, where we’ll explore practical tips, essential tools, and shared experiences to help navigate the first 30 days in the program. Whether you’re just beginning or supporting someone who is, this workshop will provide valuable insights and encouragement to build a strong foundation for recovery.
 **Date: Sunday, April 5th**
Time: 1:30 PM EST
Zoom link: <https://zoom.us/j/7056582426>
Email info@metrowestoa.org for password

**2. MWI Summer Retreat – Journey Through the Steps**June 6-8, 2025Registration is now open <https://www.metrowestoa.org/mwi-retreat-2025/>

Where: La Salette Retreat Center, 947 Park Street, Attleboro, MA in a wooded setting close to Audubon property with a walking path.

What: Join us for an interactive journey through the steps, sharing and learning together as we explore the application of the steps to strengthen and grow our recovery. Retreat will include multiple programmed group sessions presented by our retreat leader and scheduled free time with optional meditative, movement, and arts and crafts focused activities.

Cost: $285, includes two nights in a private single room with 4 meals, breakfast, lunch, and dinner on Saturday and breakfast on Sunday (buffet style). Cost is for the whole weekend; sorry, we cannot offer partial packages.

Bring: the Big Book, Alcoholics Anonymous (4th edition if possible). A very few copies will be available to buy or borrow at the retreat. Copies may be purchased online: [https://bookstore.oa.org](https://bookstore.oa.org/), [www.aa.org](http://www.aa.org/), or Amazon.

**Maximum**of 45 attendees. *REGISTER EARLY!* Registration closes May 11, 202online or by

**2. Website and Social Media**Follow MWI on Instagram and Facebook to stay connected and support our social media efforts. Instagram @oametrowest and Facebook @oametrowest

**3. Volunteer Needed!** – **Flyer Design**We’re seeking someone to create flyers with graphics to promote our workshops to other intergroups and meetings. We have a Canva account you can use and Nancy GP will help teach you if needed. Easy and fun service

**7th Tradition Donations**

Please post this information and QR code in your Zoom meeting chat when announcing 7th tradition.

**“Doesn’t intergroup pay for the Zoom room?”**

It’s true that virtual meetings mean fewer room rents, but OA still has essential expenses — many of which are invisible, yet vital. Without 7th Tradition contributions, the work of OA simply can’t be done.

**Here’s what your 7th Tradition supports:**

* Zoom rooms (MWI maintains three, for overlapping meetings).
* Websites that help newcomers find us — built, hosted, and maintained.
* Google Ads and real-time support for those seeking help.
* Public outreach campaigns to health professionals and the community.
* Delegates aid and scholarships for OA’s business assemblies.
* Translation of OA literature into more than 2 dozen languages to reach non-English speakers who are the biggest factor in OA growth.
* Professional staff at World Service who keep OA running.
* Region and World Service conventions, where vital business gets done.

In face-to-face meetings, a full basket was visible. Now, with virtual meetings, it’s easy to forget — and contributions have dropped.

**We are self-supporting, and *you* are part of “we.” Without your support, OA cannot exist** This QR code will take you directly to the donation page on the MWI website:



**Final Note**

Meetings are encouraged to share these announcements with attendees to keep everyone informed and engaged. Thank you for your service!