

## MWI Intergroup Announcements – December 21, 2024

### Retreat Planning for June 2025

We are excited to announce that the **MWI retreat** will be held at **La Salette Shrine** during the first weekend of **June 2025!** Save the date.

### 7<sup>th</sup> Tradition Donations

Please post this information and QR code in your Zoom meeting chat when announcing 7<sup>th</sup> tradition.

### “Doesn’t intergroup pay for the Zoom room?”

It’s true that virtual meetings mean fewer room rents, but OA still has essential expenses — many of which are invisible, yet vital. Without 7th Tradition contributions, the work of OA simply can’t be done.

### Here’s what your 7th Tradition supports:

- Zoom rooms (MWI maintains three, for overlapping meetings).
- Websites that help newcomers find us — built, hosted, and maintained.
- Google Ads and real-time support for those seeking help.
- Public outreach campaigns to health professionals and the community.
- Delegates aid and scholarships for OA’s business assemblies.
- Translation of OA literature into more than 2 dozen languages to reach non-English speakers who are the biggest factor in OA growth.
- Professional staff at World Service who keep OA running.
- Region and World Service conventions, where vital business gets done.

In face-to-face meetings, a full basket was visible. Now, with virtual meetings, it’s easy to forget — and contributions have dropped.

**We are self-supporting, and you are part of “we.” Without your support, OA cannot exist** This QR code will take you directly to the donation page on the MWI website:



**January MWI Workshop - Ch-ch-ch-changes: Stories of moving through big life transitions in program** The only way out is through. How members use program to move through big life changes and come out on the other side. (flyer attached – please announce at your meetings – put into group chat at Zoom meetings)

**Sunday, January 4th, 2025**

**1:30 PM EST - Zoom meeting**

<https://zoom.us/j/7056582426>

Email [info@metrowestoa.org](mailto:info@metrowestoa.org) or text for password

**Open volunteer positions:**

**Answer the 1-800 Hotline Number** – if you are interested contact Rachel S for more information

**Newsletter Editor** - Volunteer needed to revive the dormant MWI Blast MailChimp newsletter. If you are interested contact Nancy GP for more information

**Workshop Flyer Distribution**

Volunteer needed to send workshop flyers to other intergroups. If you are interested contact Nancy GP for more information

**Marathon Holiday Phone Meetings**

712-432-5200 - Conference ID 4285115#

every hour from 8:00 a.m. to 12 midnight ET with regularly scheduled meetings

**Tuesday, December 24, 2024**

Christmas Eve - *Acceptance is the Answer to All My Problems Today*

**Wednesday, December 25, 2024**

Christmas Day & Hanukkah - *Food Is Not My Real Problem*

**Thursday, December 26, 2024**

Boxing Day and Kwanzaa - *Let Go and Let God, How Am I Letting Go Today?*

**Sunday, December 31, 2024**

New Year's Eve - *Recovery is Worth Working For*

**Monday, January 1, 2025**

New Years Day - *Are You Sharing Your Gratitude?*

*Sponsored by Virtual Intergroup of Overeaters Anonymous*

## **MWI in-person meetings**

### **Sunday 6:00PM – Brookline, MA**

All Saints Church • 1773 Beacon St. Corner Beacon St & Dean Rd.

### **Monday 7:00 PM – Hopkinton, MA**

Faith Community Church, 146 E Main St

### **Thursday 7:00 PM – Norwood, MA**

Emmanuel Lutheran Church, 24 Berwick Street

### **Saturday 9:30 AM – Cambridge, MA**

Spaulding Rehab Hospital, -1575 Cambridge St. HOW Mtg

### **Saturday 9:30 AM – Westwood, MA**

Council on Aging Senior Center, 60 Nahatan St

### **Saturday 9:45 AM – Brighton, MA**

Brighton Marine Health Center, 77 Warren St. Brighton, MA. 3rd floor. Take a right off the elevator. Take a right at the end of the hall. Conference room 3