

Come to our next MWI Workshop!



Ch-ch-ch-changes: Stories of moving through big life transitions in program

Date: Sunday, January 5

Time: 1:30pm, est.

Zoom Info: 705-658-2424

**Email info@metrowestoa.org for
the passcode.**

**The only way out is through. This
workshop will focus on how members
use program to move through big life
changes, and come out on the other side.**

We hope to see you there!

