**August – September 2024 - Metrowest Intergroup Announcements**

Please make these announcements at any meetings you attend and Zoom Meetings please post them in the Chat. Thank you for your service.

**FOR ZOOM Meetings:** If you are putting the announcements in the chat, just select, copy and paste each of the chat sections one at a time, so as to not exceed the chat text limits for Zoom.

1st chat message:

For updates, go to MWI website:<https://www.metrowestoa.org>

**SPECIAL TOPIC WORKSHOPS:** 1st Sunday of the month, 1:30-2:30p ET Meeting ID: 705 658 2426, passcode: 402153

September 8-Intimacy: Opening Up in Relationships with Other Humans

See MWI website for call-in #s<https://www.metrowestoa.org/news-and-events/>

**2024 Region 6 Convention:** “Together We Recover” Fri 10/25 to Sun 10/27, Nashua, NH. $60 before 10/18, $75 at the door. Visit the website for info: <https://oaregion6.org/convention/>

**Region 6 Fall 2024 Assembly** Saturday, 9/21/2024, Hilton Garden Inn, Albany, NY. Guests and Visitors are welcome. **DEADLINES:** 8/28/2024: 9/7/2024: Registration <https://oar6assembly.ticketleap.com/region-six-2024-fall-assembly/>

Hotel Email [info@metrowestoa.org](mailto:info@metrowestoa.org) include ‘**Region 6 hotel**’ in the subject to receive the link.

2nd chat message:

**NEW TO OA?**

**Newcomer pamphlets** can be mailed to you. Email [info@metrowestoa.org](mailto:info@metrowestoa.org) include ‘**Newcomer Literature Request**’ in the subject line. Provide your first name, last initial & mailing address.

**For a list of all MWI meetings:** <https://www.metrowestoa.org/meetings/>

**Come early (5:45p) to the Sunday in-person Brookline 6p meeting**, and someone will greet and orient you.

Check out the **resources page** on our MWI web site: <https://www.metrowestoa.org/resources/>

**Follow MetroWest on social media**: <https://www.facebook.com/oametrowest/>  <https://www.instagram.com/oametrowest/> <https://twitter.com/MetrowestO>

**Central MA Intergroup** hosts an online Newcomers Meeting, Wed, Thu, and Fri at 6:30p. Check their website for login details: <https://centralmassoa.org/meetings/>

3rd chat message:

**Meditation Meetings**-Practice Step 11 in Community, meditation, then writing followed by sharing. 7:30am EST on Mondays<https://zoom.us/j/838971915> mtg ID:838-971-915 passcode step11; phone passcode 218420 & Thursdays <https://zoom.us/j/478287205> mtg ID:478-287-205 passcode step11; phone passcode 21842

**MWI IN-PERSON MEETINGS**

– Sunday 6p Brookline

– Monday 7p Hopkinton

– Thursday 7p Norwood

– Saturday 9:30a Cambridge (Hybrid)

– Saturday 9:45a Brighton

– Saturday 10a Westwood

**Join us at MWI business meetings!** 3rd Saturday of the month 9-10:30a Eastern. All welcome! Meeting ID: 705 658 2424, passcode: 402153.

**WORK THE TOOL OF SERVICE-VOLUNTEER TO:**

**Be the MWI Newsletter editor!** To learn more email [info@metrowestoa.org](mailto:info@metrowestoa.org) include **‘Newsletter volunteer**’ in subject line.

4th chat message:

**Help out at the Region 6 convention:** Email [info@metrowestoa.org](mailto:info@metrowestoa.org) include **‘Region 6 Volunteer**’ in subject line.

**Become your meeting’s Intergroup Rep.** Attend one meeting a month. You’ll receive a warm welcome and get to know other members actively doing service.

**Important-Zoom meetings:** Check out San Diego’s **Zoom Host Training** <https://oasandiego.org/zoom/>. A 2-hour class (with a break) covering Zoom hosting and security.

**Learn how to use a QR code to accept donations at your online meeting!** Email [info@metrowestoa.org](mailto:info@metrowestoa.org) and include ’**QR Code’** in subject line.

5th chat message *(Optional announce/post every few weeks)*:

**Are you a Sponsor?** MWI keeps a sponsor bank. Add your name to the list by emailing [info@metrowestoa.org](mailto:info@metrowestoa.org) and include **‘Sponsor’** in the subject line. Temporary sponsors welcome.

**Join our Speakers List**, email [info@metrowestoa.org](mailto:info@metrowestoa.org) and include ‘**Speaker List**’ in the subject line.

**Interested in Running a Workshop?** Email [info@metrowestoa.org](mailto:info@metrowestoa.org) with ‘**Workshop**’ in the subject line.

**Monthly Region 6 Intergroup Forums:** Not just for intergroup reps! Third Sunday of each month (no meeting in December). Visit<https://oaregion6.org/> for more Region 6 information.

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**Reminders Not for Chat**

* MWI has funds to help meetings start up or move back to in person or hybrid. Let us know how we can help your group!
* Even if you’re a zoom mtg, continue to collect your 7th tradition and send your contributions to Intergroup. Intergroup shares a portion of all contributions to OA World Service and Region 6.