**MWI Meeting Minutes**

June 152024YY

**Our Primary Purpose is Tradition 5:  . . .*“to carry the message to the compulsive overeater who still suffers.”***

**Zoom details**: MWI Zoom Account #2

[https://zoom.us/j/7056582424](https://zoom.us/j/7056582424?pwd=SFJlZUR3UmFqcmFoMlZoMzRzZTdYUT09), **Meeting ID**: 705 658 2424, **Passcode**: 402153

**Present:**

* Barbara: Chair
* Blair: Vice Chair, WSB delegate, POC meeting IG rep (passing it off soon)
* Nancy: Region 6 rep and paid professional on web
* Sue: Treasurer
* JB: Member
* Rachel: R6 delegate
* Caitlyn: Rep
* Jean: Corresponding Secretary for the IG
* Susan G: Thursday noon gov’t center rep
* Alan: Monday men’s group rep
* Nate: Member
* Marina: HOW Saturday morning rep

**Serenity Prayer: 9:00 am**

* Introductions: Everyone present introduces themselves and their role in MWI.  Each attendee shares one thing they are grateful for.
* Reminder: An intergroup representative’s (intergroup rep’s) role is to:

(1) Report what is going on in the intergroup to their meeting

(2) Support MWI’s strategic goals through work on related projects.

(3) MWI is available to support reps. There will be a time in the meeting for reps to bring up issues or ask questions on behalf of their groups.

* Other information: If voting occurs, intergroup reps can cast one vote for the meeting they represent. Questions & cross-talk are encouraged. The chair will move the meeting along if too much time is given to one agenda item. Orientation for new members will be done in a breakout room, if needed.
* Readings (need 3 volunteers): Sue read the 12 Steps, JB read the 12 Traditions, and Caitlyn read the Concept of the Month (short version) and MWI’s Strategic Goals.
* Review of minutes (need 2 volunteers): Two people will serve as this month’s ad-hoc subcommittee for minutes approval. Procedure: Notify Recording Secretary of edits or approval of minutes within ~3 days of receiving draft minutes. Once edits are made by the Recording Secretary, the minutes are considered approved.
* Susan G and Marina volunteered to approve the minutes.

**New Business:**

* Discussion of Barbara stepping down as Chair, and other open service positions. Blair volunteered to serve out the term as chair. However, if she gets elected as a trustee for R6, she will have to step down. Blair read the requirements from the by-laws for the chair position. Nancy brought up reaching out to other people who are interested in serving; reiterated only 1 voting person per meeting but anyone can come to the meeting, to get involved in service.

Discussion included a new volunteer for doing the newsletter; JB will be glad to provide mentoring to anyone who wants to take over. We also need a Vice-chair as well as a Recording Secretary. Question about revising the by-laws for anyone who might want to serve. It takes 3 months to make a change to by-laws, which doesn’t help with getting a new chair for the next month.

Nate said he was potentially open to being the Recording Secretary, or Chair/Vice-chair.

* Barbara needs someone to take some IG stuff in her basement that must go. Sue volunteered to take it.

**Region and WSO**

* Rachel reported on R6 Convention planning. Still looking for volunteers to work at the Convention. It will be in Nashua, NH, Oct 26-27.

**Ad Hoc Committees**

* Retreat committee report. Susan G thanked all the committee members (Margaret Ann, Sue, Nancy GP, Marina, Abby, Kara, and Sandy the leader) for their time and efforts. Nancy GP thanked Susan and said the retreat was great, including the food! Sue shared the financial report for the retreat, which spent about $1000 more than was taken in. This was budgeted for. We are booked for the same weekend next year.

**Old Business**

* Previously there was a discussion of problems with people texting phone contacts for meetings, and who wanted to Zoom privately before the meeting. Rachel stated it has been happening throughout OA. WSO advises to not do a Zoom one-on-one with someone who asks. Tell them to go to the Zoom meeting.

**New Business**

* Another joint picnic with the MBI intergroup. It will be Saturday July 13, at the Cove in Newton. Not many people needed to do service. The only expense is to split the rental fee with MBI, and to provide some water. This needs to go in the newsletter, an email Blast, and on the website. Nancy will do this.

**Ongoing Business: 9:20 am**

* Treasurer’s report: Sue M.

here were two months’ worth of reports. In May, contributions were $1190. Only expenses were $30.05 in Paypal fees, and reimbursing reps for WSO and R6 meetings. Also included were retreat income and expenses. Working Balance as of 6/15/2024 was $3,327.26.

* Website & Social Media: Nancy GP

We had over 1,300 new users and a lot of traffic on Memorial Day. The CRISP chat feature is the free version, not paid, but it seems to be fine as we’re not getting as much traffic as during the pandemic. We are starting to get more traffic from the social media sites. Hopefully we can get some more volunteers, especially interested in social media and the newsletter. There were also inquiries about an intimacy workshop, which took place last year. So maybe this would be a good topic for another workshop. People can funnel ideas to Caitlyn for Instagram and Facebook MWI accounts.

* Hotline / Voicemail: Rachel.

Still getting some calls about meetings or workshops, so it’s an important service.

* Workshops: Chloe

July 14 there will be a workshop. The topic is Hosting, Guesting, and Navigating Food with Friends and Family.

* Sponsor Bank and ‘Where Do I Start?’ pamphlet: Jean E.

Spotty demand for pamphlets and the sponsor bank.

* Speaker List: Susan G.

No requests in the last month.

**Questions/comments/meeting concerns from meeting reps**

* Rachel announced that the Saturday morning HOW meeting will be having its 30th anniversary meeting on August 10, 9:30 to 10:45. More details to come.

**Other/Closing:**

* Review with group the possible monthly announcements

The picnic, the Convention, the HOW Meeting anniversary, Zoom issue, open service positions, encouraging groups to send rep to attend the IG meeting, practicing 7th tradition, encouraging groups to select a rep.

* Close with the Unity Prayer