**Minutes of the MWI Business Meeting**

December 21, 2019

In attendance were: Blair, Chair; Nate, Vice-Chair (via Zoom); Sue, Recording Secretary; Nancy GP, Corresponding Secretary/Web and Social Media (via Zoom); Rachel, Treasurer; Susan G, Retreat site booker; Demi; Ed, Sunday JP; Bob, Newton, noon; Mary T, Action Friday; Lisa Dee, Mon Meditation; Howard, Brookline Men’s Monday; Michael, visiting; Steve M, visitor; Suzanne, Thursday 7:15am; Mark, Sunday night Framingham; Elizabeth, Tuesday BB; Rachel, Treasurer.

Blair opened the meeting at 9:05 am with the Serenity Prayer and an introduction of those present, the purpose of our meeting, and its etiquette. Demi read the 12 Steps, Michael read the 12 Traditions, and Ed read the Concept of the Month.

Blair and Bob volunteered to review the Minutes. A brief description of the functions of the intergroup followed.

**Treasurer’s Report**

Rachel S: little income due to receiving 7th tradition checks late. So far in December over $1000 received. Rachel is starting to get online donations. PayPal is charging fees, but Rachel is contacting PayPal to ensure it knows we are a non-profit. Expenses for November included Region 6 scholarships. All contributions that come in to MWI get divided into contributions to WSO (30%) and Region 6 (10%) and MWI keeps 60%. Rep from Acton Friday noon confirmed that the group is in the MWI.

**Old/Ongoing Business**

* MWI Web and Social Media (how to best use our local social media channels): Nancy GP

Site views are down from last month. 687 users so far. A lot of traffic originates from AdWords. “Bulimia” is the most frequent search word. Local meeting updates are now listed on “Latest News” page. She will add a link to this from the home page. She will also add a note about the holiday marathon meetings. Flyers for events can be gotten from MWI—contact Nancy.

* Retreat 2020: Susan G and Suzanne

Susan has contacted about a dozen retreat centers within 1 ½ hours of metro area. Five or six are possibilities but they haven’t been visited yet. Edwards House in Framingham is good facility, on big grounds, but they can only sleep 25 people. La Sallette in Attleboro, $215 per person including 4 meals, is available the first week of May. Motion made by Ed, seconded by Mark, to book La Sallette for 2020 and authorize Susan and Suzanne to explore and book another site for 2021. Co-chairs and committee quickly needed. Steve M volunteered to find a leader. Nancy G-P will put out a save-the-date notice.

* College/University outreach: Nate & Sarah

No new progress. Members can go to colleges and universities and distribute literature to mental health centers, meet with a counselor, and share information about OA. Adopt-a-University program is at the WSO level.

* Hospital outreach: Blair

Blair first started with MGH and spoke to a nutritionist there, who was very receptive to getting outreach packets to give to health care professionals. Opportunity for more service.

* Member groups calls / visits: Blair

Blair has a list of meetings, but still needs each group’s donation amount for the year. Sue has a script to provide. Blair, Lisa Dee, Michael, Ed, Suzanne, and Bob will call.

* Monthly workshops / events: Nate

One of the most high-value services IGs can provide is workshops. Leading a workshop is a great service possibility, open to all with recovery and willingness to share. Many workshop templates are available from WSO. Workshops will continue through the summer. There are no formal abstinence requirements to lead.

* Room booking: Beilah has booked 1:30 to 4:30 on last Sunday of every month.
* Getting the word out: Nancy has done/is doing flyer
* Co-facilitator needed for February ‘on awakening’
* March workshop on art-as-inventory / resentments is set.
* Barbara volunteered to do an art workshop in April. Nate will follow-up.
* Lisa Dee and Blair will do a 10th-step template workshop in April.

**New Business:**

* Elections: The following persons have been nominated and were unanimously elected. Two World Service Delegates are in the middle of their two-year terms.

Chair: Blair Corresponding Secretary: Elizabeth G.

Vice Chair: Nate Web & Social Media Coordinator: Nancy G.P.

Treasurer: Rachel Region 6 Delegates (3): Lisa Dee P.W., Sue M., Nancy G.P.

Recording Secretary: Sue M.

* Carrying the Message: Howard, Jen

Howard brought up the Food Addicts Anonymous pamphlets he has seen in various public places, which contain a brief explanation of what FA is, self-diagnosing questions, a meetings list. He would like to see more literature or a pamphlet similar to FA’s more widely distributed in public places, in addition to our online presence. Nate moved to create a Carrying the Message committee for MWI. Region 6 has money for groups to hold a Blitz campaign to carry the message. There are guidelines but not laws about using OA literature. Howard, Mark, Elizabeth, and Lisa Dee will be on the committee. Nancy GP will re-apply for MWI to use the OA logo; permission needs to be renewed every two years.

* Michael brought up the question of unity and wondered if given the geographic overlap and reduced attendance/meetings, that MWI and MBI could unite into one body. Michael will talk to MBI officers about opening discussions. Steve said that last time this came up there was fear among some member groups. Tabled for further discussion at January IG inventory meeting.
* January IG inventory: Nate

It will be scheduled for two hours on January 18.

**Upcoming MWI (or other) events:**

* Virtual Region Telephone Holiday Marathon Meetings:

Hourly meetings from 8am to midnight on 12/23/19, 12/24/19, 12/25/19, 12/26/19 and 1/1/20. Call 712.432.5200 code: 4285115#

* 1/18/20: IG Inventory. Budget meeting will have to be another time. All are welcome and encouraged to attend!
* Sunday MWI workshops 1:30-4:30pm, Youville Spaulding Cambridge:

1/26/20: 11th step / meditation

2/23/20: ‘On Awakening’ (needs another co-facilitator)

3/29/20: Resentment and art-as-inventory

4/26/20: 10th Step Template

**Summary of Announcements for IG Reps**

* Telephone Holiday Marathon meetings
* Sunday MWI Workshop, 1:30 to 4:30, Youville Spaulding Cambridge, 1/26/20: 11th Step/Meditation
* Volunteers for service are needed. Contact your Intergroup Representative.
* Local meeting updates on website.
* Flyers available on website.
* Co-chairs, committee members needed for retreat in 2020.
* Group inventory January 18.

The meeting adjourned at 10:36 am with Rozanne's Prayer.

Respectfully submitted by Sue Mascioli, Recording Secretary