

Metrowest Intergroup Proudly Hosts Its 11th Annual Retreat

Steps to Serenity

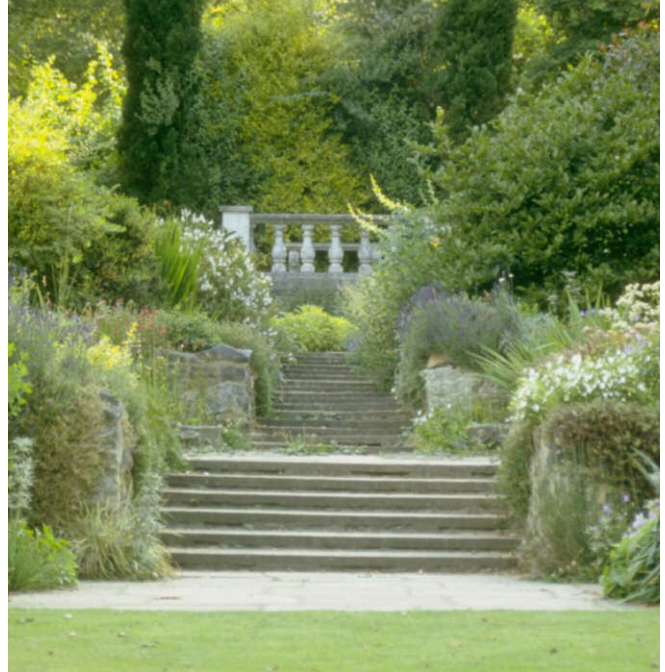
Grotonwood Retreat Center in Groton, Mass.

April 23, 24 and 25, 2010

Join us for a weekend of fellowship and serenity at this beautiful location in the woods. The retreat, to be led by a long-term OA member, will be good for newcomers, members coming out of relapse and those with long-term abstinence. There will be meditation, readings, activities and small and large group work.

The program starts Friday at 7pm and concludes Sunday at noon. We'll lodge in our own building on this large rustic property. Meals will be served cafeteria style, and if you choose to bring your own food, there will be ample space for food storage and preparation in our building. Participants can expect plenty of time for rest, meditation, walks and other recreation.

The registration fee of \$175 includes a shared room and five meals: Saturday breakfast through Sunday lunch. No dinner will be served on Friday night. Space is limited to the first 40 registrants; sorry, no day-trippers. Your registration will be confirmed by e-mail; a waiting list will be formed after spaces are filled. Early registration is recommended. No refunds of accepted registrations will be made after April 3rd. Please specify your choice of roommate, who must register when you do, on the form below; if you do not specify a roommate, one will be assigned to you. Five partial scholarships (50%) are available and will be drawn by lottery from those who apply.



For more information or to ask questions, please call Amy P. (617-283-8749; safe msg.) or Rebecca (617-633-9279; safe msg.) or send an e-mail to: retreat@metrowestoa.org.

To register, please complete the form below and mail it along with a \$175 check or money order payable to MetroWest Intergroup to the following address: Retreat, c/o J. Cook, P.O. Box 8, Needham Hts., MA 02494

To receive your confirmation by ground mail, please include a stamped, self-addressed business-size envelope for your confirmation, directions and retreat information.

Cut here and send: -----

Name: _____ Roommate's Name: _____

Address: _____

City: _____ State: _____ Zip-code: _____

Phone: (____) _____ Roommate's Phone: (____) _____

E-mail: _____ Roommate's E-mail: _____